

Welcome

I wanted to take this opportunity to thank everyone who has so generously continued to support TVF in so many ways during the pandemic which has had such a huge impact on The Victoria Foundation's fundraising with the cancellation of events and the loss of income at a time when families, organisations and medical students need the charity most.

In this issue you can find out youngster Courtney (*opposite*) has been raising funds to say thank so that we can help another youngster like her, how TVF is supporting the needs of medical students in widening participation in medicine as they face the pressures COVID has placed on them and how we are supporting NHS frontline staff at Kingston Hospital.

We need your support now more than ever and there are so many ways you get involved over the coming months – take up a personal challenge as Courtney did, make a donation, take part in a bike ride from Richmond to Windsor, attend our literary lunch with special guest Anne Sebba, join us on the London Bridges 25km walk or if you really want to push yourself we have 10 places available in the Virtual London Marathon in October! **Whatever you do please get involved in the way that suits you and help us continue to make a difference and transform lives in the local and wider community.**

See pages 3 & 4 and www.thevictoriafoundation.org.uk/support-us/events/

Virtual Quiz and TVF's Captain Tom Challenge

A huge thank you to all those who supported TVF's Virtual Quiz which raised over £950. With 24 teams and over 100 'quizzers' taking part congratulations goes to the winners 'Team 20 led by Gordon' and to the four runner-up teams who were only one point behind!

A group of TVF's trekking participants completed a 10km walk in Richmond Park in May to mark Captain Tom's fundraising legacy. They raised over £800 which will help to provide toolkit grants to support three medical students during their studies. Thank you to those who took part, for their donations and to all those who sponsored them.

Petersham Open Gardens & TVF's Ball Winter

I wanted to invite you to join me at Petersham's Open Gardens on 12th September where the gates of some of Petersham's most beautiful and secluded private gardens will be open to visitors in aid of local charities including The Victoria Foundation. *(See page 3)*

Please save 11th December for our Annual Winter Ball.



Graham Ball, TVF Founder & CEO
and the NVH Executive Chairman

Courtney has raised over £900 by completing a 5k challenge in aid of The Victoria Foundation to help another youngster just as TVF helped her!



Courtney has a very rare condition called Cohen syndrome and is extremely clinically vulnerable, she has spent almost all of the pandemic shielding at home. In addition, she has retinal dystrophy and currently has only two degrees of vision left. It is important for her family to make as many visual memories as they can.

TVF awarded the family a grant to fund a specialist buggy for Courtney.

Courtney's mum said "we wanted to thank The Victoria Foundation and its supporters It has helped to greatly improve her life and means she is able to take part in all outdoor activities. She is really enjoying being able to go on dog walks with the family and has said how comfortable it is. Thank you all for making this possible. Also, yes we are definitely up for the 5k as it would be lovely to give back and to be able to help others."

After completing a 5k walk from Kingston to Surbiton and raising over £900 in aid of TVF Courtney's mum Harrie said, ".... Courtney felt very proud to be raising money for other children, she had a great time taking part in the 5k. Courts walked/run the final stretch and said she was 'so exhausted', but she had a big smile on her face the whole way. Courtney would like to thank each and every one who donated, shared, and supported her. We hope that the money raised will help make a difference to another child's life like the buggy has made to ours. Thank you all so very much."

Please sponsor Courtney NOW <http://www.gofund.me/b431abe6>

Could you help provide a specialist buggy for another child by making a regular gift?

A monthly gift of £10/£20/£50 or an annual gift of £120/£240/£500 could help fund a specialist buggy for a youngster like Courtney helping aid development and confidence. **PLEASE MAKE A REGULAR GIFT ONLINE NOW** or please contact us

T: 020 8332 1788 or E: enquiries@thevictoriafoundation.org.uk

Thank you - every donation will help to make such a big difference.

TVF awards a grant of £5,000 to the University of Leeds School of Medicine NHS Student Workforce fund

We are proud to continue to support the needs of medical students from widening participation backgrounds at the university as they face the pressures the Covid-19 pandemic has placed on them in during their degree on their journey to becoming Junior Doctors.



Professor Laura Stroud, Deputy Dean at Leeds School of Medicine said, "it's been an extraordinarily challenging year for our students and making sure we can offer them the full educational and pastoral support they need has been of paramount importance. But we know that some students have struggled even more than others with the additional financial burden of dealing with the pandemic and keeping on top of their studies and placements. **This generous donation from The Victoria Foundation will provide that extra level of assistance to some of our most vulnerable students and will help with extra financial and pastoral support which will make a huge difference to them now - and for the future.**"



How your support can help

The Coronavirus has had a huge impact on TVF's fundraising income and we need your support now more than ever. Every donation will help to make a big difference to some of those most affected by the pandemic.

- £80 could fund a textbook for a medical student
- £250 could fund an elective grant for a medical student
- £500 could fund a specialist buggy or trike for a youngster
- £3,000 could fund a lightweight self-propel wheelchair
- £65,000 could fund a sixteen-seat fully accessible minibus

Please give what you can – [DONATE ONLINE](#) or contact us
T: 020 83321788 E: l.votier@thevictoriafoundation.org.uk

Thank you for any support you can give which will help to transform lives in the local and wider community.

TVF £5,000 grant funds much needed resources to support NHS Frontline Staff at Kingston Hospital.

TVF is delighted its grant of £5,000 to fund equipment for Kingston Hospital's Gathering Rooms in Esher Wing is helping to make a big difference to staff, patients, and families during these challenging times.



"We were delighted to receive funding from The Victoria Foundation to help us provide equipment for our multi-purpose Gathering Rooms in the Spirituality & Wellbeing Centre at the heart of Kingston Hospital's Esher Wing. Throughout the pandemic these rooms have continued to be used as extension office spaces for the team, providing a great space to hold confidential virtual meetings away from the open office environment.

Laptop computers have come into their own, enabling flexible use of the rooms to support the team needs. The conferencing speaker/ microphones enable several participants to hear and engage with clarity whilst maintaining social distance around a shared laptop or the whole process can be fed through the new projector onto the new screen.

With the re-introduction of Group Sessions as we move forward in the recovery phase, the new CD player facility with USB capability makes it easy for the presenters to play music lists, or podcasts to support wellbeing and meditation events." **The Revd Susan van Beveren MA Head of Chaplaincy, Pastoral & Spiritual Support Service Kingston Hospital NHS Foundation Trust**

The Victoria Foundation would like to thank those who so generously support the charity which helps to make grants like these possible.

How TVF helps to transform lives

The Victoria Foundation awards grants to provide:



Mobility Aids for Children and Youngsters – helping them reach their potential.



Accessible minibuses – helping to prevent loneliness, isolation and keeping our community connected.



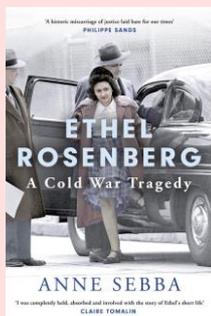
Toolkit Grants and Bursaries – supporting medical students who are facing disadvantage and financial hardship.

DON'T MISS TVF's Literary Lunch with ANNE SEBBA

You are invited to lunch on **Friday 10th September** where our special guest Author Anne Sebba will be in conversation with TVF Ambassador Linda Duberley for a 'fascinating if harrowing' insight into her new book - a biography of Ethel Rosenberg, electrocuted in 1953 for Conspiracy to Commit Espionage.

Ethel Rosenberg A Cold War Tragedy - published UK June 2021

"Totally riveting. I couldn't put it down" VICTORIA HISLOP



There will be fabulous prizes to be won in the raffle and auction and a huge thank you goes to [Cantell & Co Sales & Lettings](https://www.cantell.co.uk) for sponsoring the event.

Tickets are £35 and available NOW and we hope to see you there!
www.jumblebee.co.uk/TVFLUNCHSEPTEMBER2021

JOIN US FOR A BIKE RIDE Richmond - Windsor loop

Join us for c50 mile bike ride from Richmond to Windsor and back on **Sunday 22nd August** starting at 7.30am. There will be 2/3 stops for refreshments and a celebration in Richmond when we return! Your fundraising target is a minimum of £50 - we hope you will aim higher to reach £500! TVF is arranging the challenge and there will be c10 - 15 participants taking part. (If you prefer a shorter ride there is the option to return to Richmond on the train!)

To find out more and to register please call 020 8332 1788 or see
www.thevictoriafoundation.org.uk/support-us/events

BOOK NOW - Petersham Open Gardens Charity Event

The picturesque village of Petersham, recipient of a Gold Award of London in Bloom for a small village 2019, is excited to host its biennial Open Gardens event. The gates of some of Petersham's most beautiful and secluded private gardens will be open to visitors in aid of local charities including The Victoria Foundation. With a variety of gorgeous gardens on show there is something to suit every taste: the grand, the ornate, the natural, the modern-minimalist, the picture-box perfect, the Zen, the quirky and even gardens in the making.

TVF is so delighted to be one of the beneficiary charities of the Petersham Open Gardens on **Sunday 12th September**.

Tickets are on sale NOW www.petershamopengardens.org

Entry is free for children under 16.

Gardens will be open 11am-5pm with last entry 4.30pm

VOLUNTEERS NEEDED – could you spare a few hours to help, and you can visit the gardens afterwards as our guests! **Please get in touch for details on 020 8332 1788 or enquiries@thevictoriafoundation.org.uk**

SAVE THE DATE - TVF's Annual Ball 11th December

We hope you will join us at our annual winter ball on **11th December** at Royal Mid-Surrey Golf Club where you will enjoy a superb evening with a sparkling reception, gala dinner with wine, entertainment – several surprises, and dancing into the night. There is the chance to win a diamond in the Diamond Raffle kindly donated by David's Jeweller's Richmond once again, and exclusive prizes and experiences in the auctions including Sports Dinner hosted by TV personality, A week in a stunning villa, Golf with Sports Star....

Tickets are £125 but £110 if booked by 15/09/2021 and available NOW at www.jumblebee.co.uk/tvfwinterball11thdecember2021

If you are interested in sponsoring the event, donating a prize, or would like to get involved - we would love to hear from you. Please contact us on 020 83321788 or enquiries@thevictoriafoundation.org.uk



CLICK to buy tickets from £1 a week for the chance to win £25,000!



CLICK to register with Amazon Smile and donate to TVF when you shop.



CLICK to register with Give as you Live and donate to TVF when you shop.

Events

Events raise vital funds for TVF which help to make it possible for us to transform lives. We are looking forward to welcoming you back to our events over the coming months as the COVID-19 restrictions are lifted.

2021 For full details and to book events please see

www.thevictoriafoundation.org.uk/support-us/events

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| Date TBC | Professor Gordon Murray CBE - Tour of private car collection. Tickets £150 – sold out – please contact us to join the waiting list. |
| 01 Aug | London landmarks half marathon. Fundraising target £300 |
| 22 Aug | TVF Bike Ride Richmond to Windsor. Fundraising Target £50/£500 |
| 02 Sep | TVF Annual Supporter Party at The Petersham Hotel |
| 10 Sep | TVF Literary Lunch with Author Anne Sebba. Tickets £35 |
| 12 Sep | Petersham Open Gardens. TICKETS www.petershamopengardens.org |
| 18 Sep | TVF London Bridges 25km Trek. Fundraising target £250 |
| 03 Oct | Virtual Virgin Money London Marathon 26.2 miles - run, walk, jog on a route of your choosing. Fundraising target £500 |
| 15 Oct | TVF Autumn Lunch – save the date. Tickets £35 |
| 17 Oct | TVF London Bridges 25km Trek. Fundraising target £250 |
| 11 Dec | TVF Winter Ball at Royal Mid-Surrey Golf Club. Tickets £125 or £110 if booked by 15 th September |

If you would like to take up a challenge or arrange an event in aid of TVF we would love to hear from you. We will provide all the support you need so please get in touch.
T: 020 8332 1788 E: enquiries@thevictoriafoundation.org.uk

Thank you to Frank for taking part in 'Blisters for Bounty'

A huge thank you to Frank Froehlich for taking part in 'Race the Thames 2021' - a virtual challenge rowing the length of the tidal River Thames on an indoor rowing machine! **Frank smashed his fundraising target of £1,000 by raising over £3,000 which was split between The Victoria Foundation and London Youth Rowing.**



The greatly appreciated funds will help TVF to continue to provide mobility aids, accessible transport, and grants for medical students facing great financial hardship during their studies. **Please contact The Victoria Foundation if you would like to take part in a challenge in aid of the charity or you can put us forward as a beneficiary charity of a Foundation, Trust or Business. All donations will help to make such a big difference in the local and wider community.**

T: 020 8332 1788

E: enquiries@thevictoriafoundation.org.uk

Get Involved

We hope you have enjoyed this issue - it would be wonderful to have your support to help us continue our vital work in these challenging times.

Donate

100% of the donations we receive help to transform lives.

- You can donate online at: www.thevictoriafoundation.org.uk/support-us/make-a-donation/
- By Bank Transfer – HSBC Kingston Branch
TVF Account: 01 56 33 27
TVF Sort Code: 40 26 12
- By contacting TVF - see below

Fundraise - within COVID-19 guidelines

There are many ways you can raise funds for TVF.

- Join us on one of our challenges
- Take on a virtual challenge in support of TVF
- Arrange an event in support of TVF
- Make us your charity of the year
- Attend one of our events
- Sponsor an event

Volunteer

There are many ways you can get involved.

- Join an events committee
- Administration/Research support
- Volunteer at our events
- Become an ambassador

Join our Mailing List

For details of our events, activities and to sign up to our newsletter please go to:

www.thevictoriafoundation.org.uk

Get in Touch

Please contact us if you can offer support or need our help.

The Victoria Foundation
St David's House
15 Worples Way
Richmond
TW10 6DG

T: 020 8332 1788

E: l.votier@thevictoriafoundation.org.uk

W: www.thevictoriafoundation.org.uk



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Medical support transforming lives



Exceptional care for your health

The Victoria Foundation is the parent charity of the New Victoria Hospital.