

THE VICTORIA FOUNDATION

On behalf of Crossroads Care Richmond and Kingston upon Thames, we would like to forward our utmost thanks and gratitude for your most generous grant of £16,000, which I am delighted to report we have now received into our bank account on 1st February 2023. This funding will be used to support our Mental Health and Wellbeing Support Specialist Workshops, Individual 1:1 and Group Mental Health and Wellbeing Sessions and Therapies for Carers, and their cared-for.

Your support helps us continue in our mission to provide vital services to those often hard to reach families and Carers – often outside the statutory framework. More recently, those most affected by COVID-19 – those socially isolated, most vulnerable, at-risk, and financially affected.

Our services and outreach projects, such as the Saturday Club, Caring Cafés, Transition Project and Men/Dads Who Care projects are an invaluable asset to the community and to Crossroads Care.

In 2021-2022, we delivered over 45,713 hours of care and support to over 991 Carers and the people they care for, those most at risk, vulnerable, socially isolated.

A network partner of national Carers Trust, we work with service users and stakeholders to influence service innovation and growth. More recently, COVID-19 and isolation has disproportionately affected Carers and the people they care for, without their usual forms of support (respite, day centres, schools) and whose only social contact is often outside the home. Please read a post about our **Older Carers** [here](#).

It is estimated that 4.5 million people have started caring unpaid since the coronavirus outbreak began. When combined with those already providing care pre-crisis, that means there could be as many as 13.6 million unpaid carers across the UK (26% of the UK population). Source: Carers UK

It has never been more essential that the specific needs of Carers are identified, addressed and recognised by all health and social care professions (read **Munira Wilson MP article** [here](#)). As we face the daunting challenges within the current economic environment and move towards 2022, sponsorship, fundraising, volunteering, and donations has never been more important.

For an overview of our organisation, please read our related stories on [Facebook](#) and [Twitter](#). We would love to have your online support, so please feel free to like or follow us.

The generous support of individuals, the local community, and organisations such as **THE VICTORIA FOUNDATION** makes it possible for our charity to continue and grow, and to continue providing high quality services to Carers and the people they care for.

As CEO, I am enthusiastic and committed to the future of the charity and cannot express how grateful we are for your support. Again, please accept our most sincere thanks.

With the Kindest of Regards, Julie Da Costa, CEO



Patron: RT. Hon. Sir Vincent Cable

e: info@crossroadscarer.org.uk ph: 020 8943 9421
www.crossroadscarer.org

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1 Beverley Court
26 Elmtree Road
Teddington TW11 8ST