

## Welcome

The COVID-19 pandemic has had a huge impact on The Victoria Foundation's fundraising with the cancellation of events and the loss of income at a time when families, organisations and medical students need the charity most. I wanted to take this opportunity to thank all those who have so generously supported TVF which is helping to make it possible for the charity to continue to transform lives.

In this issue you can find out how TVF is supporting medical students during their studies on their way to becoming junior doctors, funding therapy for Carers and their cared-for in our community, and how an accessible minibus for TAG Youth Club for disabled youngsters will help increase participation in activities.

There are so many ways you can support TVF and help to transform lives: donate, sponsor a medical student, attend an event, sign up for a challenge, join the Get Lucky Local Lottery, choose TVF to support when shopping online at Amazon Smile or Give as you Live ... whatever you do every donation we receive will help to make a difference. *(See pages 3 & 4)*

## TVF's 'Big Night In' with Sir Trevor McDonald

A huge thank you Sir Trevor and all those who so generously supported TVF's 'Big Night In' by donating prizes, attending the evening and in doing so helped to raise over £19,000! The funds are helping to transform many lives in the local area including funding therapy for Carers and their cared-for and an accessible minibus for TAG Youth Club for disabled youngsters. *(See page 2)*

## Join me at TVF's Quiz Night on 8<sup>th</sup> April 2021

I wanted to invite you to join me from the comfort of your home for a virtual quiz on Thursday 8<sup>th</sup> April. The evening is an opportunity for you to come together with family and friends to test your knowledge with rounds on entertainment, pictures, quotes, sport and more! You will have the chance to be crowned TVF's Quiz Champion 2021 while raising funds to support those in need in our community.

Tickets are £10 per household and I look forward to welcoming you as your Quiz Master for the evening!

*(See page 3)*



Graham Ball, TVF Founder & CEO and the NVH Executive Chairman

## Can you help TVF support medical students - the NHS Junior Doctors of the future?



**TVF supports widening participation in medicine by awarding Toolkit Grants each year to over 80 medical students from lower socio-economic backgrounds studying at universities around the country. The grants of c£250 help to cover the cost of textbooks, study materials, medical equipment and travel to hospital placements.** In addition TVF funds textbooks, in partnership with The Worshipful Company of Barbers and Surgeons, for c70 students studying on the Extended Medical Degree Programme at Kings College London. Widening participation in medicine aims to ensure that the NHS is reflective and understanding of the needs of its patients in the future.

*'I'd like to say a massive thank you for awarding me this grant at such a stressful period of time. I've been able to invest in books and online resources to complete my 5th year of study and am now no longer struggling to afford my living costs.'*  
Year 5 medical student - Imperial College London

*'I used my Medical Toolkit Grant to purchase a wireless iPad keyboard to write my January exams on my iPad from home. Moreover, I purchased a highly recommended Human anatomy app, software and flashcards which have been enormously useful in learning my anatomy this year and future to come.'*  
Year 1, 2nd degree medical student - University of Leicester

**Due to COVID-19 where fundraising events have been cancelled TVF has less funds available to award Toolkit Grants to medical students who are facing even greater financial pressure during their studies due to the impact of the pandemic where there are less part-time employment opportunities available to them and where they are facing increased costs due to having to travel further to hospital placements and to purchase additional materials to support remote learning.**

**Could you Sponsor a Toolkit Grant for a Medical Student by making a regular gift? A monthly gift of £20 per or an annual gift of £240 could provide a Toolkit Grant for a medical student to help fund textbooks, medical equipment and travel costs to a hospital placement.**

To donate please go to

[www.thevictoriafoundation.org.uk/support-us/make-a-donation/](http://www.thevictoriafoundation.org.uk/support-us/make-a-donation/)

For details E: [enquiries@thevictoriafoundation.org.uk](mailto:enquiries@thevictoriafoundation.org.uk) T: 020 8332 1788

**Every donation will help to make such a difference.**

## TVF awards a grant of £10,000 to fund therapy for Carers and their cared-for

TVF is delighted to have awarded a grant of £10,000 to Crossroads Care Richmond and Kingston to fund high-quality bespoke Therapy Sessions for Carers of all ages and their cared-for using the therapy rooms which we funded the refurbishment of in 2020. The grant will help to support some hard to reach families and those in our community most affected by COVID-19 including those socially isolated, most vulnerable, at-risk and financially affected.



*"We are delighted, once again, to be one of the beneficiaries of The Victoria Foundation Winter Event. .... which will help to ensure that we can continue offering holistic therapies, such as massage and reiki to our Carers, the people they care for, our staff and volunteers. The COVID-19 pandemic has disproportionately affected Carers, with our waiting list doubling in the past three months, and Carers have reported feeling anxious and isolated. In these challenging times, respite and therapy has never been more essential. Thank you to The Victoria Foundation and all who donated. Your support is greatly appreciated."* Julie Da Costa, CEO, CCR&K

## TVF awards a grant of £22,000 to TAG Youth Club for Disabled Youngsters towards an Accessible Minibus

TVF was delighted to award TAG Youth Club for Disabled Young People, based at Ham Youth Club, a grant of £22,000 towards the purchase of a fifteen-seat accessible minibus which can accommodate two wheelchairs.

The minibus will help to make a difference to youngsters in our community as it will remove barriers and increase participation in TAG activities of those with additional needs. The bus will help ensure wheelchair users have the same experience as their peers.



*'We are so appreciative of this gift and your ongoing support and would like to thank The Victoria Foundation Trustees and your wonderful supporters. Having an accessible minibus will help give local children and young people increased access to a range of established and new activities which will give them the opportunity to challenge themselves while trying new experiences. It will also help them to make gains in terms of independence, confidence and improved sense of well-being while taking part in the fun and engaging activities on offer, which will help them in their everyday lives.'* Giles Hobart, Chief Executive - TAG Youth Club

The Victoria Foundation would like to say a special thank you all those who supported our Special Wheels Appeal, 25km Trek, and Big Night In as the funds raised helped to make this grant possible.

## How TVF helps to transform lives

The Victoria Foundation awards grants to provide:



Mobility Aids for Children and Youngsters – helping them reach their potential.



Accessible Vehicles – helping to prevent loneliness and keep our community connected.



Toolkit Grants and Bursaries – supporting medical students who are facing disadvantage and financial hardship.



## With your support we can help transform more lives

Ways you can get involved and help to make a big difference

- Donate
- Attend our events
- Sign up for a challenge
- Donate goods and services
- Sponsor an event or challenge
- Take part in a virtual challenge
- Become an Ambassador of TVF
- Choose TVF as your 'Charity of the Year'
- Join Get Lucky Lottery in support of TVF
- Leave a legacy gift in your will to help transform lives

Please get in touch to find out more – your support will help to transform lives. Thank you for any support you can give.

T: 020 83321788

E: [l.votier@thevictoriafoundation.org.uk](mailto:l.votier@thevictoriafoundation.org.uk)

Join us for a Virtual Quiz in aid of TVF - 8th April 2021!



You are invited you to join us from the comfort of your home for a virtual quiz on Thursday 8th April from 7.15pm. The evening is an opportunity for you to come together with family and friends to test your knowledge with five rounds of questions. You will have the chance to be crowned TVF's Quiz Champion 2021 while raising funds to support those in need in our community.

Tickets are £10 per household and Graham Ball, TVF Founder and CEO, will be your Quiz Master for the evening! Get your quiz hats on, you will have the opportunity to meet friends in breakout rooms before the start and during the break, and join us for a fun evening where you will be helping to make a difference!

Tickets are £10 per household and available online NOW at [www.jumblebee.co.uk/TVFQUIZ8thAPRIL](http://www.jumblebee.co.uk/TVFQUIZ8thAPRIL)

5K MAY – run, walk, cycle .... and raise funds for TVF!



Help raise funds for TVF by taking part in 5K MAY - run, walk, cycle, swim, push ... complete 5K MAY your way, donate £5 to TVF and nominate 5 others. Colleagues and friends can take part from anywhere in the world and regardless of lockdown limitations.

*"Last year we launched the viral fundraising campaign Run 5 Donate 5 Nominate 5, which raised an incredible £7 million thanks to the generosity of the public. This year, our team has decided to take it to the next level, launching 5kMay; an inclusive and sustainable fundraiser that all charities can get involved with. Olivia Strong, Founder, Run For Heroes*

To find out more or to register please contact us NOW at [info@thevictoriafoundation.org.uk](mailto:info@thevictoriafoundation.org.uk)

Join TVF's 25km Bridges TREK on 18<sup>th</sup> Sept/17<sup>th</sup> Oct  
JOIN OUR TEAM



Join us on TVF's London Bridges 25km trek on Saturday 18th September or Sunday 17th October 2021 starting at Putney Bridge and finishing at Tower Bridge.

This is a great opportunity to get fit, challenge yourself and help to transform lives. TVF relies on events like these to raise vital funds, to help raise awareness and to encourage people to support the charity. Your fundraising target is £250 – can you get a group of friends or colleagues to join you?

Challenge yourself and make a difference in 2021! For details go to [www.thevictoriafoundation.org.uk/support-us/events](http://www.thevictoriafoundation.org.uk/support-us/events)

Virtual Virgin Money London Marathon on 3<sup>rd</sup> October  
YOUR RUN YOUR WAY



Take part in the world's greatest marathon, in London or from wherever you are as one of a record 100,000 participants. TVF has 10 places available. THIS IS A CHANCE TO BE CREATIVE - Your Run, Your Way .... you must complete the 26.2 miles on Sunday 3rd October - you can run, jog or walk in your own time, with friends and on your route!

Your fundraising target is £500 which will help to transform lives – the funds you raise could provide Toolkit Grants for two medical students or a specialist buggy for a disabled youngster. For details go to [www.thevictoriafoundation.org.uk/support-us/events/virtual-london-marathon-on-3rd-october-2021](http://www.thevictoriafoundation.org.uk/support-us/events/virtual-london-marathon-on-3rd-october-2021)



## Events

Events raise vital funds for TVF which make it possible for us to transform lives. Due to the current COVID-19 restrictions it is extremely difficult to plan events - we appreciate your patience. **For full details and to book events please go to:**

[www.thevictoriafoundation.org.uk/support-us/events](http://www.thevictoriafoundation.org.uk/support-us/events)

**2021** Dates and details will be updated and confirmed when possible

08	Apr	TVF Quiz – Join us for a fun evening with Graham Ball as our Quiz Master. Tickets £10 – book NOW!
1-31	May	5K MAY – run, walk, cycle .... donate £5 and nominate 5 friends.
	Jun	Professor Gordon Murray CBE will host a private tour for 20 guests of his car collection followed by a reception. Tickets £150
01	Jul	TVF Annual Supporter Party – save the date
22	Aug	TVF Bike Ride 46 miles – your route or join us. Fundraising target £46
	Sep	TVF Charity Golf Day – Royal Mid-Surrey Golf Club
18	Sep	London Bridges 25km Trek with TVF's Team. Fundraising target £250
03	Oct	Virtual Virgin Money London Marathon 26.2 miles - run, walk, jog on a route of your choosing. Fundraising target £500
17	Oct	London Bridges 25km Trek with TVF's Team. Fundraising target £250
04	Dec	TVF Winter Ball 2021 – save the date



If you would like to take up a challenge in aid of TVF in your way and in your time - contact us. We will support you and you will receive a TVF t-shirt and medal!

T: 020 8332 1788 E: [enquiries@thevictoriafoundation.org.uk](mailto:enquiries@thevictoriafoundation.org.uk)

## Thank you to The Richmond Charities for a grant of £2,000

The Victoria Foundation would like to thank The Richmond Charities for its support once again and its grant award of £2,000 which will enable TVF to provide medical equipment and support to a greater number of people in great need, hardship or distress living in the Richmond Borough.



Please contact The Victoria Foundation if you can put us forward as a beneficiary charity of a Foundation, Trust or Business – the funds will help to make such a difference in the local and wider community.

T: 020 8332 1788

E: [enquiries@thevictoriafoundation.org.uk](mailto:enquiries@thevictoriafoundation.org.uk)



## Get Involved

We hope you have enjoyed this issue - it would be wonderful to have your support to help us continue our vital work in these challenging times.

### Donate

**100% of the donations we receive help to transform lives.**

- You can donate online at: [www.thevictoriafoundation.org.uk](http://www.thevictoriafoundation.org.uk)
- By Bank Transfer – HSBC Kingston Branch  
TVF Account: 01 56 33 27  
TVF Sort Code: 40 26 12
- By contacting TVF - see below

**Fundraise** - COVID-19 guidelines to be adhered to

**There are many ways you can raise funds for TVF.**

- Take on a virtual challenge in support of TVF
- Join us on one of our annual challenges
- Make us your charity of the year
- Attend one of our events
- Sponsor an event

### Volunteer

**There are many ways you can get involved.**

- Become a Trustee
- Become an Ambassador
- Join an events committee
- Administration/Research support
- Volunteer at our events

### Join our Mailing List

**For details of our events, activities and to sign up to our newsletter please go to:**

[www.thevictoriafoundation.org.uk](http://www.thevictoriafoundation.org.uk)

### Get in Touch

**Please contact us if you can offer support or need our help.**

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