



TVF London Bridges 25km Trek on 17th October 2021

REGISTRATION FORM

TVF is delighted you have agreed to take part in this 25km walking challenge on 17th October in aid of The Victoria Foundation. It is a great opportunity to get fit, enjoy the sights of London and raise funds for such a great cause.

Please complete this registration form and return it as soon as possible to **s.higgins@thevictoriafoundation.org.uk** at The Victoria Foundation.

1 Your details

First Name: _____ Surname: _____

Address: _____

_____ Postcode: _____

Email: _____ Mobile: _____

2 Details of next of kin

First Name: _____ Surname: _____

Email: _____ Mobile: _____

3 Fundraising

I agree to aim to raise £250 excluding gift aid

I would like 100% of the funds I raise to support the work of The Victoria Foundation with the following preference:

Mobility Aid Toolkit/Bursary Accessible Transport No Preference

4 Dietary Requirements

Do you have any dietary requirements? YES/NO	Add details
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5 T-shirt or vest – please indicate preference and size

TVF T-shirt TVF Vest LADIES FIT MENS FIT

Size (circle your preferred size) **XS S M L XL XXL XXXL**

5 **Medical Information** (Please see the training plan)

Taking part in this 25km trekking challenge requires a reasonable level of fitness, and you should be in sufficient good health to participate in the challenge. You will be able to go at your own pace during the challenge and you should be able to complete 25km walking, taking regular breaks as you require, in a maximum of 8 hours.

6 **Your commitment**

- I undertake to aim to reach the agreed fundraising target in aid of The Victoria Foundation
- I understand that I am taking part in the challenge at my own risk and that I must adhere to recommended social distancing.

Signed _____ Date _____

NOTES

The challenge is being organised by The Victoria Foundation, a medical charity based in Richmond, to raise funds so that the charity can go on providing medical support and assistance to those in need in the local and wider community.

The COVID-19 pandemic has had a huge impact on charity's fundraising with the cancellation of events and the loss of income at a time when families and medical students need the charity most.

The funds you raise will help The Victoria Foundation to go on providing:

- lightweight wheelchairs, specialist trikes and buggies - helping children and youngsters gain independence and reach their potential
- accessible transport and minibuses - helping prevent loneliness, isolation and keeping our community connected
- toolkit grants and elective bursaries for medical students who are facing great financial hardship during their studies – supporting the NHS junior doctors of the future

How the funds your raise could help:

£80 could provide a textbook for a medical student
£250 could provide a medical elective bursary
£550 could provide a specialist trike for a youngster
£3,000 could provide a lightweight self-propel wheelchair
£65,000 could provide a sixteen-seater accessible minibus

If you have any questions, please do not hesitate to contact Lorna Votier on 020 8332 1788 by email to l.votier@thevictoriafoundation.org.uk or send to: Lorna Votier, The Victoria Foundation, St David's House, 15 Worples Way, Richmond TW10 6DG

THANK YOU FOR YOUR SUPPORT WHICH WILL HELP TO TRANSFORM LIVES