

Welcome

I hope this finds you well in these challenging and unprecedented times. I wanted to take this opportunity to thank all those who so generously support The Victoria Foundation which helps to make it possible for the charity to transform so many lives.

In this this issue you can find out how TVF has awarded a grant to the Kingston Hospital Charity which will support the wellbeing of staff and patients and how you can get involved to ensure we can continue our vital work providing medical support and equipment to those in great need in our local and the wider community.

TVF 25km Trekking Challenges

A huge thank you to all our fabulous supporters who took part in a 25km trek in September and October and raised over £8,500! The funds will help to provide medical support and transform more lives. (See page 2 for details)

Join me at TVF's Big Night In - 11th Dec

I wanted to invite you to join me and our very special guest Sir Trevor McDonald OBE from the comfort of your home for 'TVF's Big Night In' on Friday 11th December.

This is an opportunity for The Victoria Foundation and those we help to say a huge thank you to all our wonderful supporters and for us to come together in these very challenging times.

You will be able to sit back, relax and enjoy a superb virtual evening of entertainment, hear stories from beneficiaries, have the opportunity to win fantastic prizes in the online auction and diamond draw, and help make a difference through the funds raised.

I do very much hope you will join me.

(See page 3 for details)



Graham Ball, TVF Founder & CEO and the NVH Executive Chairman

TVF awards a grant of £5,000 in support of the Gathering Room at Kingston Hospital



David Cornish - Assistant Staff Wellbeing Chaplain, Graham Ball - TVF Founder & CEO and Judith Roberts - Assistant Chaplain

The Victoria Foundation is delighted to have awarded a £5,000 grant to the Kingston Hospital Charity to equip and support the development of the Gathering Room which is located in the Spirituality and Wellbeing Centre in the heart of the hospital's Esher Wing. Since the room came into service in mid-2019 it has been used to host a range of activities, workshops, gatherings and events that support the holistic wellbeing of staff, patients and patients' families.

'My team and I are absolutely thrilled to have received your support – it is both very timely and greatly appreciated. As you may recall when you visited, we'd been using the Gathering Room during the summer in a socially distanced manner to support the recovery of frontline staff following the unprecedented challenges they'd faced during the spring when the pandemic was at its peak. With your support, we can now purchase the two laptop computers we need, alongside the audio visual equipment, ensuring the Gathering Room can continue to be used as a base for my team to stream training and provide support for staff and patient groups, undertake confidential discussions and participate in multi-disciplinary team meetings with clinical teams.

The hospital expects to be even busier this winter than is usually the case because of COVID-19, so we are very grateful to The Victoria Foundation for its support at this time....and I hope when things are a little more normal that we can arrange for you to visit again for an update on the Gathering Room's activities and the impact the audio visual equipment is having in supporting our staff at such a very difficult time'

The Revd Susan van Beveren MA Head of Chaplaincy, Pastoral & Spiritual Support Service Kingston Hospital NHS Foundation Trust

TVF was able to award this grant due to the donations the Foundation receives from so many generous individuals and businesses. We would like to take this opportunity to say a huge thank you to you all. Your support is so greatly appreciated by the charity and all those children, families, organisations and medical students you make it possible for us to help.

The COVID-19 pandemic has had a huge impact on The Victoria Foundation's fundraising with the cancellation of events and the loss of income at a time when families, organisations and medical students need the charity most.

To make a donation please go to: www.thevictoriafoundation.org.uk/donate

TVF's wonderful volunteers helping to replant the Garden of Reflection at Kingston Hospital



We'd like to thank The Victoria Foundation very much for providing a number of volunteers to help replant the Garden of Reflection just before we start another national lockdown caused by a resurgent coronavirus. The Garden of Reflection is a focal point for those wards overlooking the centre of the hospital and acts as a quiet retreat for patients and staff during the day. Earlier this year, charitable funds allowed us to clear out the garden that opened in 2000 to create more seating space and we hope there may be scope to incorporate a monument to remember those impacted by the ongoing pandemic in due course. We're all now looking forward for staff and patients to enjoy this space in the coming months and years.'

Rob Aldous, Director Kingston Hospital Charity

If you would like to volunteer for The Victoria Foundation please get in touch – with your support we can transform more lives.

T: 020 8332 1788

E: l.votier@thevictoriafoundation.org.uk

A huge thank you to our supporters who took part in 25km treks and raised over £8,500!



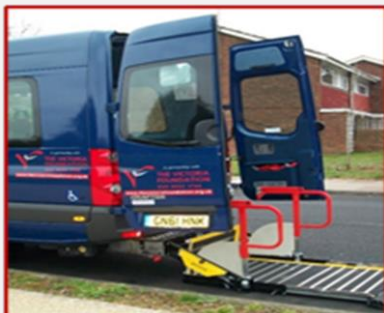
A huge thank to our teams of supporters who joined Lorna Votier, the charity's Development Director, on 12th September and 11th October and completed TVF's 25km Trekking Challenge. They have raised over £8,500 which is a fantastic amount and will help to make a difference to many. The COVID-19 pandemic has had a huge impact on TVF's Fundraising with the cancellation of events and the loss of income at a time when families and medical students need the charity most. Events like these are so important to TVF and all those we help. **Please join us on 7th March 2021 for a 25km trek which will adhere to any social distance guidelines. Your fundraising target is £250 and every donation will help to make a difference.** For details and to join up see: www.thevictoriafoundation.org.uk/support-us/events/

Special Wheels Appeal – Accessible Minibus for TAG Youth Club for Disabled Youngsters

The Victoria Foundation has pledged a grant of £22,000 towards the cost of a fifteen-seat accessible minibus, which can accommodate two wheelchairs, for TAG Youth Club for Disabled Young People based at Ham Youth Club. TVF had planned to raise the funds for the grant at a number of its events which have had to be cancelled due to the COVID-19 restrictions.

TAG Youth Club for Disabled Young People provides a safe, stimulating, and engaging environment for youngsters between the ages of 8 and 25 with a disability to meet up with their friends, take part in fun activities, and learn social and life skills. The sessions run on alternate Fridays all year round from its base at Ham Youth Club and support over 100 youngsters per year with high demand for its services. TAG has adapted its services during the pandemic.

The minibus will be used to support not only the club's weekly youth club but its activities on weekends, school holidays and residential trips. It would also help the club to reach more children and young people, living in Richmond and the surrounding areas, and in particular wheelchair users who are currently under-represented. Parents, carers, and siblings will also benefit as the club's activities provide them with a short break from the responsibilities of caring.



(A minibus TVF has previously funded for Richmond and Kingston Accessible Transport)

Please make a donation TODAY so that TAG Youth Club for Disabled Young People can take delivery of the much-needed accessible minibus– every donation small or large will help to make this happen.

Donate online: www.thevictoriafoundation.org.uk Donate by bank transfer to

HSBC Kingston Branch TVF Account: 01 56 33 27 TVF Sort Code: 40 26 12

Donate by cheque: Payable to The Victoria Foundation – send to address on pg4

TVF supporting the wonderful NHS doctors of the future

Each year The Victoria Foundation aims to support over 100 medical students from disadvantaged backgrounds to help ensure they are not prevented from qualifying as doctors due to financial constraints.

TVF awards Toolkit Grants and Bursaries to individual students which support their studies by contributing towards the cost of medical equipment, textbooks, travel to hospital placements and electives. In addition, the charity supports students on the Extended Medical Degree course MBBS (EMDP) at King's College London. Due to COVID-19 many of the students we support are facing even greater pressures due to the constraints of remote learning and limited access to libraries.



'I am incredibly grateful to be awarded this grant. My financial situation following 7 years in university is understandably quite tight right now. This grant helps to ease a lot of stress from me and will really help me to focus on my upcoming final examinations.

4th year student - BMedSci Keele University Medical School

The Victoria Foundation is receiving urgent requests for support from medical students facing extreme financial pressure. Please get in touch if you can offer any help and together, we can help support the NHS doctors of the future.

Donate online: www.thevictoriafoundation.org.uk



Join us for a fantastic evening from the comfort of your home at 'TVF's Big Night In' on Friday 11th December from 8.00pm – 9.30pm

This is an opportunity for The Victoria Foundation and those we help to say a huge thank you to all our wonderful supporters and for us to come together in these very challenging times. We are delighted Sir Trevor McDonald OBE will join us in conversation with Linda Duberley his former colleague and TVF Ambassador. You can sit back, relax, and enjoy fabulous entertainment including Opera, Singing & Signing Choir, Magic and inspiring stories from those that TVF has helped. There will be the opportunity to win superb prizes in the online auction and the diamond draw with the star prize a Diamond Bracelet kindly donated once again by David's Jewellers Richmond. *You will also be able to meet friends in the 'Locktail Reception' in pre-assigned 'breakout rooms' from 7.30pm. Guests and Families/Households will receive a 20% discount code for JUST EAT!* The money you will help us raise will help to ensure that The Victoria Foundation can continue to provide mobility aids so that disabled children can gain greater independence, accessible transport to keep our the community connected, and financial grants for medical students to cover the cost of textbooks and travel to hospital placements which is supporting our wonderful NHS doctors of the future.

We really hope you will join us for a very special evening.

A huge thank you to all those who have so generously donated prizes for the Online Auction and Diamond Draw.

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| 'TVF's Big Night In' | For details and to donate www.jumblebee.co.uk/TVFsbignightin |
| 'TVF's Big Night In' Tickets: | £30 – individual guest or £50 – family/household www.jumblebee.co.uk/tvfbignightineventtickets |
| Diamond Draw Tickets: | £10 – per ticket prizes include a stunning diamond bracelet www.jumblebee.co.uk/TVFBIGNIGHTINDIAMONDDRAW10 |
| Time: | 7.30pm 'Locktail Reception' 8.00pm 'TVF's Big Night In' 9.30pm Diamond Draw Winners Announced |
| Dress code: | 'Fancy Dress' – prizes for the best dressed guest and family/household |
| Online Auction: | This will open on 4 th December www.jumblebee.co.uk/TVFsbignightin2020auction |

How TVF helps to transform lives

The Victoria Foundation awards grants to individuals, charities and organisations to provide:



Mobility Aids for Children and Youngsters – helping them to gain greater independence and reach their potential.

Accessible Vehicles – keeping our community connected and helping prevent loneliness and isolation.



Toolkit Grants and Bursaries – supporting the NHS doctors of the future by awarding grants to students studying medicine who are facing disadvantage and financial hardship.



Ways you can get involved and help to make a big difference

- Donate
- Sponsor a virtual event
- Attend 'TVF's Big Night In'
- Donate goods and services
- Take part in a virtual challenge
- Become an Ambassador of TVF
- Join a Trekking/Cycling Challenge
- Choose TVF as your 'Charity of the Year'
- Join Get Lucky Lottery in support of TVF
- Leave a legacy gift in your will

Please get in touch to find out more – your support will help to transform lives.

Thank you for any help you can give.

T: 020 83321788

E: l.votier@thevictoriafoundation.org.uk

Events

Due to the current unprecedented restrictions it is extremely difficult to plan events. We appreciate your patience and support as events raise vital funds for TVF which make it possible for us to transform so many lives. We will keep you informed and the details up to date on our website at

www.thevictoriafoundation.org.uk/support-us/events

2020

11 Dec TVF's Big Night In 2020 - Enjoy a fabulous evening of entertainment from your home

2021 *Dates and details to be confirmed when possible*

07 Mar Thames Path 25km trek – join TVF's Team

Apr Private Tour & Reception with Professor Gordon Murray, CBE

Apr TVF Annual Dinner – Petersham Nurseries Café

25 Apr TVF 2.6 Virtual Challenge – your challenge your way

May TVF Charity Golf Day – Royal Mid-Surrey Golf Club

Jun TVF Annual Lunch

Jun TVF Annual Supporter Party

08 Aug TVF Bike Ride - 46 miles – your ride your way or join us

18 Sep Thames Bridges Challenge – 25km trek – join TVF's Team

17 Oct Thames Bridges Challenge – 25km trek – join TVF's Team

04 Dec TVF Winter Ball 2021

For further details and if you would like to take on a virtual challenge please see www.thevictoriafoundation.org.uk/support-us/events

T: 020 8332 1788

E: enquiries@thevictoriafoundation.org.uk

JOIN Get Lucky Local NOW to support TVF and for the chance to win £25,000!

Get Lucky Local is a brand new and exciting weekly lottery raising much-needed money for good and deserving causes across the Richmond Borough community. Tickets for the lottery cost just £1 per week. Each ticket has a 1 in 50 chance to win a prize each week, with a top prize of £25,000! The draw takes place every Saturday, from mid-November, and a 6-digit winning combination will be picked.

Join NOW and play Get Lucky Local in support of The Victoria Foundation

www.getluckylocal.co.uk/support/the-victoria-foundation



Please contact us NOW if you are a business which would like to support Get Lucky Local and donate to The Victoria Foundation – the funds will help to make such a difference in our local community.

T: 020 8332 1788

E: enquiries@thevictoriafoundation.org.uk

For Terms & Conditions please see: www.getluckylocal.co.uk/support/getluckylocal



The Victoria Foundation is the parent charity of the New Victoria Hospital.

Get Involved

We hope you have enjoyed this issue and it would be wonderful to have your support to help us continue our vital work in these challenging times.

Donate

100% of the donations we receive help to transform lives.

- You can donate online at: www.thevictoriafoundation.org.uk
- By Bank Transfer – HSBC Kingston Branch
TVF Account: 01 56 33 27
TVF Sort Code: 40 26 12
- By contacting TVF - see below

Fundraise - COVID-19 guidelines to be adhered to

There are many ways you can raise funds for TVF.

- Take on a virtual challenge in support of TVF
- Join us on one of our UK challenges
- Make us your charity of the year
- Attend one of our events
- Sponsor an event

Volunteer

There are many ways you can get involved.

- Become a Trustee
- Become an Ambassador
- Join an events committee
- Administration/Research support
- Volunteer at our events

Join our Mailing List

For details of our events, activities and to sign up for our newsletter please go to:

www.thevictoriafoundation.org.uk

Get in Touch

Please contact us if you can offer support or need our help.

The Victoria Foundation

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W: www.thevictoriafoundation.org.uk



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